



May Menu



Come to the Center Dining Room for Good Food, Fellowship and Fun
Monday and Wednesday 12:00 Call 802-468-3093

Monday

Wednesday

Reservations must be made by 9:30AM Friday for Monday's meal		Reservations must be made by 9:30AM Tuesday for Wednesday's meal
May 1 Chicken Marsala Mashed Potatoes Carrots Dinner Roll Blueberries & Strawberries in Yogurt		May 3 Ham, Corn & Potato Chowder Oriental Vegetables Wheat Roll Melon Oatmeal Raisin Cookie
May 8 Lasagna Roll-Ups with Marinara Meat Sauce Vegetable Blend Wheat Bread Strawberry Cake		May 10 Roast Pork with Raisin Sauce Mashed Sweet Potatoes Scandinavian Vegetables Whole Wheat Dinner Roll Apple Crisp
May 15 Scalloped Potatoes with Turkey & Cheddar Carrots Wheat Biscuit Apple Crisp with Craisins & Cream		May 17 Roast Turkey Cranberry Sauce Mashed Potatoes Winter Squash Dinner Roll Pumpkin Pudding with Cream
May 22 BIRTHDAY DINNER Roast Beef Home Fried Potatoes French Green Beans with Lentils Dinner Roll Apricots & Chocolate Chip Cookie		May 24 Spinach & Onion Quiche Winter Mixed Vegetables Dinner Roll Applesauce Brownie Sundae
May 29 MEMORIAL DAY HOLIDAY CENTER CLOSED		May 31 Salisbury Steak Home Fried Potatoes Spinach Wheat Dinner Roll Baked Sliced Apples w/Cinnamon

The Community Center congregate meal service provides a nutritious meal and opportunities for socialization - essential parts of a healthy lifestyle. Please join us!
For at home meals contact the Meals on Wheels Program-Southwestern Vermont Council on Aging.
1-800-642-5119 or 802-786-5990