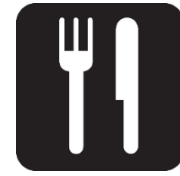




April Menu



Come to the Center Dining Room for Good Food, Fellowship and Fun
Monday and Wednesday 12:00 Call 802-468-3093

Monday

Wednesday

Reservations must be made by 9:30AM Friday for Monday's meal		Reservations must be made by 9:30AM Tuesday for Wednesday's meal
April 3 Sweet & Sour Pork Brown Rice Green Beans Wheat Bread Pineapple Tidbits & Chocolate Chip Cookie		April 5 Pot Roast Parsley Potatoes Brussel Sprouts Wheat Bread Berry Crisp with cream
April 10 EASTER DINNER Baked Ham Sweet Potatoes Capri Blend Veggies Wheat Dinner Roll Easter Cake with frosting		April 12 Au Gratin Potatoes with Cheddar Cheese and Diced Turkey Vegetable Blend Wheat Bread Chocolate Chip and Date Cookie
April 17 Chicken Fingers Diced Carrots Home Fries Wheat Bread Pineapple Chunks & Oatmeal Raisin Cookie		April 19 BIRTHDAY DINNER Chicken Tarragon Brown Rice Pilaf Chopped Spinach Wheat Bread Tropical Fruit Salad
April 24 Meat Loaf Home Fries French Green Beans Wheat Roll Mandarin Oranges with Cream		April 26 Swedish Steak Veggie Brown Rice Pilaf California Mixed Veggies Wheat Dinner Roll Brownie Sundae

The Community Center congregate meal service provides a nutritious meal
and opportunities for socialization - essential parts of a healthy lifestyle. Please join us!
For at home meals contact the Meals on Wheels Program-Southwestern Vermont Council on Aging.
1-800-642-5119 or 802-786-5990