



April Menu



Come to the Center Dining Room for Good Food, Fellowship and Fun
Monday and Wednesday 12:00

“Eat In” Meals Include a Garden Salad & Beverage

Monday

Wednesday

Reservations must be made by 9:30AM Friday for Monday's meal		Reservations must be made by 9:30AM Tuesday for Wednesday's meal
April 4 EAT IN OR TAKE OUT Sweet-n-Sour Pork Brown Rice with Vegetables Green Beans Wheat Bread Pineapple Tidbits Chocolate Chip Cookie		April 6 EAT IN OR TAKE OUT Pot Roast with vegetable sauce Parsley Potatoes Brussel Sprouts Wheat Bread Berry Crisp
April 11 EAT IN OR TAKE OUT **EASTER DINNER** Baked Ham with Raisin Sauce Sweet Potatoes Capri Blend Vegetables Wheat Dinner Roll Easter Cake with Icing	Easter Dinner <u>eat in</u> diners receive a free ticket for a chance to win a World Famous Stuckey's Pecan Log ←	April 13 EAT IN OR TAKE OUT Au Gratin Sliced Potatoes With Cheddar & Diced Turkey Vegetable Blend Wheat Bread Chocolate Chip and Date Cookie
April 18 EAT IN OR TAKE OUT Chicken Fingers with Sauce Diced Carrots Home Fries Wheat Bread Pineapple Chunks Brownie	Birthday Dinner <u>eat in</u> diners receive one free ticket for a chance to win the 50/50 drawing →	April 20 EAT IN OR TAKE OUT **BIRTHDAY DINNER** Chicken Tarragon Vegetable Rice Pilaf Chopped Spinach Wheat Bread Tropical Fruit Salad Birthday Carrot Cake
April 25 EAT IN OR TAKE OUT Meatloaf with Brown Sauce Garlic Home Fries French Green Beans Whole Wheat Roll Mandarin Oranges with Cream		April 27 EAT IN OR TAKE OUT Swedish Steak with Mushroom Sauce Vegetable Brown Rice Pilaf California Mixed Vegetables Whole Wheat Dinner Roll Fresh Fruit Cup

NOTE: Starting May 1st the Center will return to congregate meal service which has as its goal to provide a nutritious meal along with opportunities for socialization.

Only “Eat In” meals can be ordered at the Center starting May 1. Please join us!

For at home meals you must order through the Meals on Wheels Program

To sign up for Meals on Wheels call the Southwestern Vermont Council on Aging. 1-800-642-5119 or 786-5990