



# April 2022 Programs



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 9:00-11 Coffee Hour 10:30 Better Balance	2
3	4 10:00&11:00 Guitar 10:30 Better Balance 12:00 CCC Dinner 1:00 Line Dance 1:00 Bridge 3:00 Tai Chi Fall Prev.	5 9:00 Bone Builders 10:30 Tai Chi Practice 1:15 SUN 73 Tai Chi 3:00 Creative Writing	6 10:30 Better Balance 11:00 SASH Program: 12:00 CCC Dinner Online 1:30 Great Courses Skeptics Guide to American History- Zoom	7 9:00 Bone Builders 9:30 Knitters 10:30 Qigong/Tai Chi 1:15 SUN 73 Tai Chi 6:00 Ukulele	8 9:00-11 Coffee Hour 10:30 Better Balance 1:00-3:00 Ukrainian Egg Art Workshop	9
10	11 10:00&11:00 Guitar 10:30 Better Balance 12:00 Easter Dinner & Raffle 1:00 Line Dance 1:00 Bridge 3:00 Tai Chi Fall Prev.	12 9:00 Bone Builders 10:30 Tai Chi Practice 1:15 SUN 73 Tai Chi 3:00 Creative Writing	13 10:30 Better Balance 11:00 Identity Theft-SASH 12:00 CCC Dinner 1:00 Take Note Vocal Group 1:30 Great Courses Skeptics Guide to American History- Zoom	14 9:00 Bone Builders 9:30 Knitters 10:30 Qigong/Tai Chi 1:15 SUN 73 Tai Chi	15 9:00-11 Coffee Hour 10:30 Better Balance	16
17 HAPPY EASTER 	18 10:00&11:00 Guitar 10:30 Better Balance 12:00 CCC Dinner 1:00 Line Dance 1:00 Bridge 3:00 Tai Chi Fall Prev.	19 9:00 Bone Builders 10:30 Tai Chi Practice 1:15 SUN 73 Tai Chi 3:00 Creative Writing	20 10:30 Better Balance 12:00 Birthday Dinner & Raffle 1:00 Take Note Vocal Group 1:30 Great Courses Skeptics Guide to American History- Zoom	21 9:00 Bone Builders 9:30 Knitters 10:30 Qigong/Tai Chi 1:00-3:00 Foot Clinic 1:15 SUN 73 Tai Chi 6:00 Ukulele	22 9:00-11 Coffee Hour 10:30 Better Balance	23
24	25 10:00&11:00 Guitar 10:30 Better Balance 12:00 CCC Dinner 1:00 Line Dance 1:00 Bridge 3:00 Tai Chi Fall Prev.	26 9:00 Bone Builders 10:30 Tai Chi Practice 1:15 SUN 73 Tai Chi 3:00 Creative Writing	27 10:30 Better Balance 12:00 CCC Dinner 1:00 Take Note Vocal Group 1:30 Great Courses Skeptics Guide to American History- Zoom	28 9:00 Bone Builders 9:30 Knitters 10:30 Qigong/Tai Chi 1:15 SUN 73 Tai Chi	29 9:00-11 Coffee Hour 10:30 Better Balance	30  World Tai Chi & Qigong Day 9:45

*Refer to the program descriptions for details*