



# March 2022 Programs



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		1 ***VOTE*** 9:00 Bone Builders 10:30 Tai Chi Practice 1:15 SUN 73 Tai Chi 3:00 Creative Writing	2 10:30 Better Balance 12:00 CCC Dinner  Online 1:30 Great Courses Skeptics Guide to American History- Zoom 4:00 Come Alive Outside- Tai Chi ZOOM	3 9:00 Bone Builders 9:30 Knitters 10:30 Qigong/Tai Chi  1:15 SUN 73 Tai Chi 6:00 Ukulele	4 9:00-11 Coffee Hour 10:30 Better Balance	5
6	7 10:30 Better Balance 12:00 Birthday Dinner 12:00 Line Dance 1:00 Bridge 3:00 Tai Chi Fall Prev.	8 9:00 Bone Builders 10:30 Tai Chi Practice 1:15 SUN 73 Tai Chi 3:00 Creative Writing	9 10:30 Better Balance 11:00 SASH Program: Fraud: Don't Be A Victim 12:00 CCC Dinner	10 9:00 Bone Builders 9:30 Knitters  10:30 Qigong/Tai Chi 1:15 SUN 73 Tai Chi	11 9:00-11 Coffee Hour 10:30 Better Balance	12
13	14 10:30 Better Balance 12:00 CCC Dinner 12:00 Line Dance 1:00 Bridge 3:00 Tai Chi Fall Prev.	15 9:00 Bone Builders 10:30 Tai Chi Practice 1:15 SUN 73 Tai Chi 3:00 Creative Writing	16 10:30 Better Balance 12:00 CCC Dinner  1:30 Great Courses Skeptics Guide to American History- Zoom	17  9:00 Bone Builders 9:30 Knitters  10:30 Qigong/Tai Chi 1:15 SUN 73 Tai Chi 1:00-3:00 Foot Clinic 6:00 Ukulele	18 9:00-11 Coffee Hour 10:30 Better Balance	19
26	21 10:30 Better Balance 12:00 CCC Dinner 12:00 Line Dance 1:00 Bridge 3:00 Tai Chi Fall Prev.	22 9:00 Bone Builders 10:30 Tai Chi Practice 1:15 SUN 73 Tai Chi 3:00 Creative Writing	23 10:30 Better Balance 12:00 CCC Dinner 1:30 Great Courses Skeptics Guide to American History- Zoom	24 9:00 Bone Builders 9:30 Knitters  10:30 Qigong/Tai Chi 1:15 SUN 73 Tai Chi	25 9:00-11 Coffee Hour 10:30 Better Balance	26
27	28 10:30 Better Balance 12:00 CCC Dinner 12:00 Line Dance 1:00 Bridge 3:00 Tai Chi Fall Prev.	29 9:00 Bone Builders 10:30 Tai Chi Practice 1:15 SUN 73 Tai Chi 3:00 Creative Writing	30 10:30 Better Balance 12:00 CCC Dinner 1:30 Great Courses Skeptics Guide to American History- Zoom	31 9:00 Bone Builders 9:30 Knitters  10:30 Qigong/Tai Chi 1:15 SUN 73 Tai Chi		

*Refer to the program descriptions for details*