

# April 2021 CCC Activity Calendar

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				<b>1</b> 9:30 Falls Prevent Tai Chi Beg. PEGTV  1:15 SUN 73 Tai Chi Zoom	<b>2</b> 9:30 Better Balance PEG TV	<b>3</b> 10:00 Bone Builders PEG TV
<b>4</b> 8:00 Tai Chi w/Marty Zoom	<b>5</b> 9:30-BetterBalance PEG TV  1:00 Great Courses The Beatles-Zoom  1:00 Guitar Lessons Zoom	<b>6</b> 8:30 Bone Builders PEG TV  9:30 Falls Prevent Tai Chi Beg. PEGTV  10:30 Deepening Tai Chi Practice Zoom	<b>7</b> 9:30 Better Balance PEG TV  9:00 Tai Chi-Yang 24 Zoom  1:30 Great Courses Winston Churchill-Zoom	<b>8</b> 9:30 Falls Prevent Tai Chi Beg. PEGTV  1:15 SUN 73 Tai Chi Zoom	<b>9</b> 9:30 Better Balance PEG TV	<b>10</b> 10:00 Bone Builders PEG TV
<b>11</b> 8:00 Tai Chi w/Marty Zoom	<b>12</b> 9:30-Better Balance PEG TV  1:00 Great Courses The Beatles-Zoom	<b>13</b> 8:30 Bone Builders PEG TV  9:30 Falls Prevent Tai Chi Beg. PEGTV  10:30 Deepening Tai Chi Practice Zoom	<b>14</b> 9:30 Better Balance PEG TV 10:30 CALL CHECK CHAT-ZOOM 9:00 Tai Chi-Yang 24 Zoom  1:30 Great Courses Winston Churchill-Zoom	<b>15</b> 9:30 Falls Prevent Tai Chi Beg. PEGTV  1:15 SUN 73 Tai Chi Zoom  1:00-3:00 RAVNAH FOOT CLINIC <u>by appointment</u>	<b>16</b> 9:30 Better Balance PEG TV	<b>17</b> 10:00 Bone Builders PEG TV
<b>18</b> 8:00 Tai Chi w/Marty Zoom	<b>19</b> 9:30-BetterBalance PEG TV  1:00 Great Courses The Beatles-Zoom  1:00 Guitar Lessons Zoom	<b>20</b> 8:30 Bone Builders PEG TV  9:30 Falls Prevent Tai Chi Beg. PEGTV  10:30 Deepening Tai Chi Practice Zoom	<b>21</b> 9:00 Tai Chi-Yang 24 Zoom  9:30-BetterBalance PEG TV  1:30 Great Courses Winston Churchill-Zoom	<b>22</b> 9:30 Falls Prevent Tai Chi Beg. PEGTV  <b>EARTH DAY DINNER TO GO</b> 11:30-12:30 pick up  1:15 SUN 73 Tai Chi Zoom	<b>23</b> 9:30 Better Balance PEG TV - 1075	<b>24</b> 10:00 Bone Builders PEG TV  <b>World Tai Chi &amp; Qigong Day</b> 10:00
<b>25</b> 8:00 Tai Chi w/Marty Zoom	<b>26</b> 9:30-BetterBalance PEG TV  1:00 Great Courses The Beatles-Zoom	<b>27</b> 8:30 Bone Builders PEG TV  9:30 Falls Prevent Tai Chi Beg. PEGTV  10:30 Deepening Tai Chi Practice Zoom	<b>28</b> 9:00 Tai Chi-Yang 24 Zoom 9:30-BetterBalance PEG TV  1:30 Great Courses Winston Churchill-Zoom	<b>29</b> 9:30 Falls Prevent Tai Chi Beg. PEGTV  1:15 SUN 73 Tai Chi Zoom	<b>30</b> 9:30 Better Balance PEG TV - 1075	

*Refer to program descriptions in the Newsletter for details*