



March 2021 CCC Activity Calendar



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 9:30-Better Balance PEG TV 1:00 Great Courses The Beatles-Zoom 1:00 Guitar Lessons Zoom	2 *VOTE* 8:30 Bone Builders PEG TV 9:30 Falls Prevent Tai Chi Beg. PEGTV 10:30 Deepening Tai Chi Practice Zoom	3 9:30 Better Balance PEG TV 9:00 Tai Chi-Yang 24 Zoom 1:30 Great Courses Turning Points -Zoom	4 9:30 Falls Prevent Tai Chi Beg. PEGTV 1:15 SUN 73 Tai Chi Zoom	5 9:30 Better Balance PEG TV	6 10:00 Bone Builders PEG TV
7 8:00 Tai Chi w/Marty Zoom	8 9:30-BetterBalance PEG TV 1:00 Great Courses The Beatles-Zoom	9 8:30 Bone Builders PEG TV 9:30 Falls Prevent Tai Chi Beg. PEGTV 10:30 Deepening Tai Chi Practice Zoom	10 9:30 Better Balance PEG TV 9:00 Tai Chi-Yang 24 Zoom 1:30 Great Courses Turning Points -Zoom	11 9:30 Falls Prevent Tai Chi Beg. PEGTV 1:15 SUN 73 Tai Chi Zoom	12 9:30 Better Balance PEG TV	13 10:00 Bone Builders PEG TV
14 8:00 Tai Chi w/Marty Zoom	15 9:30-Better Balance PEG TV 1:00 Great Courses The Beatles-Zoom 1:00 Guitar Lessons Zoom	16 8:30 Bone Builders PEG TV 9:30 Falls Prevent Tai Chi Beg. PEGTV 10:30 Deepening Tai Chi Practice Zoom	17 9:30 Better Balance PEG TV 9:00 Tai Chi-Yang 24 Zoom 11:30-12:30 St. Patrick's Day DINNER TO GO 1:30 Great Courses Turning Points -Zoom	18 9:30 Falls Prevent Tai Chi Beg. PEGTV 1:15 SUN 73 Tai Chi Zoom 1:00-3:00 RAVNAH FOOT CLINIC by <u>appointment</u>	19 9:30 Better Balance PEG TV	20 10:00 Bone Builders PEG TV
21 8:00 Tai Chi w/Marty Zoom	22 9:30-BetterBalance PEG TV 1:00 Great Courses The Beatles-Zoom	23 8:30 Bone Builders PEG TV 9:30 Falls Prevent Tai Chi Beg. PEGTV 10:30 Deepening Tai Chi Practice Zoom	24 9:00 Tai Chi-Yang 24 Zoom 9:30-BetterBalance PEG TV 1:30 Great Courses Winston Churchill- Zoom	25 9:30 Falls Prevent Tai Chi Beg. PEGTV 1:15 SUN 73 Tai Chi Zoom	26 9:30 Better Balance PEG TV - 1075	27 10:00 Bone Builders PEG TV
28 8:00 Tai Chi w/Marty Zoom	29 9:30-BetterBalance PEG TV 1:00 Great Courses The Beatles-Zoom	30 8:30 Bone Builders PEG TV 9:30 Falls Prevent Tai Chi Beg. PEGTV 10:30 Deepening Tai Chi Practice Zoom	31 9:00 Tai Chi-Yang 24 Zoom 9:30-BetterBalance PEG TV 1:30 Great Courses Winston Churchill- Zoom			

Refer to program descriptions in the Newsletter for details