

# MARCH 2019 Calendar of Events

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					<b>1 Coffee Hour</b> 9:00-11:00 <b>Better Balance</b> 10:00-11:00 <b>Mah Jong</b> 9:30-12:00 <b>Game Day</b> 12-2:30 <b>Ballroom Dance</b> 7:30-8:30	<b>2</b>  <b>VT. Flower Show</b> <b>Bus Trip</b>
<b>3</b>	<b>4 Better Balance</b> <b>10-11</b> <b>Beginner Guitar</b> <b>11:00-12:00</b> <b>LUNCH</b> 12:00 <b>Bridge</b> 1-4 <b>Sewing Circle</b> 1-3 <b>Dance for Health</b> 4-5 <b>SUN 73</b> 5:15- 5:45 <b>Yang 24 Tai Chi</b> – 5:45-6:45	<b>5</b> <b>VOTE!!!</b> <b>Bone Builders</b> 9:30-10:30 <b>Circuit Works</b> 10:45-11:45 <b>LUNCH</b> 12:00 <b>Guardian Ad Litem</b> 12:30 <b>Dominoes</b> 1 :00 <b>Tai Chi Prac.</b> 1:30-3 <b>Creative Writing</b> 3:00-4:30 <b>Quit Smoking</b> 5-6	<b>6</b> <b>Yoga</b> 8:30-9:45 <b>Better Balance</b> 10-11 <b>LUNCH</b> 12:00  <b>Great Courses</b> <b>Am. Civil War</b> <b>1:30-3:00</b>	<b>7</b> <b>Bone Builders</b> 9:30-10:30 <b>Learn to Knit</b> 9:30-11:00 <b>Tai Chi Practice</b> 10:45-11:30 <b>Adv. Beg. Tai Chi</b> 1:15-2:00 <b>Ukulele Club</b> 6:00 -8:30	<b>8</b> <b>Coffee Hour</b> 9:00-11:00 <b>Better Balance</b> 10:00-11:00 <b>Mah Jong</b> 9:30-12:00 <b>Scrabble</b> 11:00 <b>Ballroom Dance</b> 7:30-8:30	<b>9</b>
<b>10</b>	<b>11 Better Balance</b> <b>10-11</b> <b>Beginner Guitar</b> <b>11:00-12:00</b> <b>Knitters Network</b> <b>10:00-11:00</b> <b>LUNCH</b> 12:00 <b>Bridge</b> 1-4 <b>Sewing Circle</b> 1-3 <b>Dance for Health</b> 4-5 <b>SUN 73</b> 5:15- 5:45 <b>Yang 24 Tai Chi</b> – 5:45-6:45	<b>12</b> <b>Bone Builders</b> 9:30-10:30 <b>Circuit Works</b> 10:45-11:45 <b>Comforts of Home</b> 10:30-11:30 <b>LUNCH</b> 12:00 <b>BINGO BLAST!</b> 12:30 <b>Dominoes</b> 1 :00 <b>Tai Chi Prac.</b> 1:30-3 <b>Creative Writing</b> 3-4:30 <b>Quit Smoking</b> 5-6	<b>13</b> <b>Yoga</b> 8:30-9:45 <b>Better Balance</b> 10-11 <b>LUNCH</b> 12:00  <b>Great Courses</b> <b>Am. Civil War</b> <b>1:30-3:00</b>	<b>14</b> <b>Bone Builders</b> 9:30-10:30 <b>Learn to Knit</b> 9:30-11:00 <b>Tai Chi Practice</b> 10:45-11:30  <b>Adv. Beg. Tai Chi</b> 1:15-2:00 <b>Celtic Knot Drawing</b> 2:00-3:00	<b>15</b> <b>Coffee Hour</b> 9:00-11:00 <b>Better Balance</b> 10:00-11:00 <b>Mah Jong</b> 9:30-12:00 <b>Scrabble</b> 11:00 <b>Genealogy</b> 1:00  <b>Ballroom Dance</b> 7:30-8:30	<b>16</b>
<b>17</b>	<b>18 Better Balance</b> <b>10-11</b> <b>Beginner Guitar</b> <b>11:00-12:00</b> <b>SASH-Combating</b> <b>Isolation</b> 11:00 <b>LUNCH</b> 12:00 <b>Bridge</b> 1-4 <b>Sewing Circle</b> 1-3 <b>Dance for Health</b> 4-5 <b>SUN 73</b> 5:15- 5:45 <b>Yang 24-</b> 5:45-6:45	<b>19</b> <b>Bone Builders</b> 9:30-10:30 <b>Circuit Works</b> 10:45-11:45 <b>LUNCH</b> 12:00 <b>CarePlus Program</b> 12:30 <b>Dominoes</b> 1 :00 <b>Tai Chi Prac.</b> 1:30-3 <b>Creative Writing</b> 3-4:30 <b>Quit Smoking</b> 5-6	<b>20</b> <b>Yoga</b> 8:30-9:45 <b>Better Balance</b> 10-11 <b>LUNCH</b> 12:00  <b>Great Courses</b> <b>Am. Civil War</b> <b>1:30-3:00</b>	<b>21</b> <b>Bone Builders</b> 9:30-10:30 <b>Learn to Knit</b> 9:30-11:00 <b>Tai Chi Practice</b> 10:45-11:30 <b>Adv. Beg. Tai Chi</b> 1:15-2:00 <b>Ukulele Club</b> 6:00 -8:30	<b>22</b> <b>Coffee Hour</b> 9:00-11:00 <b>Better Balance</b> 10:00-11:00 <b>Mah Jong</b> 9:30-12:00 <b>Scrabble</b> 11:00  <b>Ballroom Dance</b> 7:30-8:30	<b>23</b>
<b>24</b>  <b>/31</b>	<b>25 Better Balance</b> <b>10-11</b> <b>Knitters Network</b> <b>10:00-11:00</b> <b>Beginner Guitar</b> <b>11:00-12:00</b> <b>LUNCH</b> 12:00 <b>Bridge</b> 1-4 <b>Sewing Circle</b> 1-3 <b>Dance for Health</b> 4-5 <b>SUN 73</b> 5:15- 5:45 <b>Yang 24</b> 5:45-6:45	<b>26</b> <b>Bone Builders</b> 9:30-10:30 <b>Circuit Works</b> 10:45-11:45 <b>LUNCH</b> 12:00 <b>Dominoes</b> 1 :00 <b>Tai Chi Prac.</b> 1:30-3 <b>Creative Writing</b> 3-4:30 <b>Quit Smoking</b> 5-6	<b>27</b> <b>Yoga</b> 8:30-9:45 <b>Better Balance</b> 10-11 <b>BIRTHDAY</b> <b>LUNCH</b> 12:00 <b>Great Courses</b> <b>Am. Civil War</b> <b>1:30-3:00</b>	<b>28</b> <b>Bone Builders</b> 9:30-10:30 <b>Learn to Knit</b> 9:30-11:00 <b>Tai Chi Practice</b> 10:45-11:30 <b>Cell Phone Workshop</b> 1:00-3:00  <b>Adv. Beg. Tai Chi</b> 1:15-2:00	<b>29</b> <b>Coffee Hour</b> 9:00-11:00 <b>Better Balance</b> 10:00-11:00 <b>Mah Jong</b> 9:30-12:00 <b>Scrabble</b> 11:00 <b>POT LUCK</b> <b>SUPPER</b> 6:00 <b>Ballroom Dance</b> 7:30-8:30	<b>30</b>