

# CCC October 2018 Menu

1 B.B.Q. Beef Steak Mashed Potatoes Sliced Carrots Wheat Dinner Roll Vanilla Pudding w/Peaches & Cream	2 Roast Pork w/Gravy Boiled Potatoes w/Parsley Butternut Squash Wheat Bread Applesauce Cake	3 Macaroni & Cheese Green Beans Diced Beets 100% Wheat Bread Mandarin Oranges
8 Baked Meatloaf Mashed Potatoes Spinach Wheat Dinner Roll Date Bar	9 Cheese Ravioli w/Meat Sauce Parmesan Cheese Broccoli Florets Wheat Bread Apple	10 Chicken Stew Brussel Sprouts Biscuit Chocolate Chip Cookie
15 Turkey in Gravy Mashed Potatoes Broccoli Florets Wheat Bread Pumpkin Chip Square	16 Chicken Cacciatore Seasoned Potatoes Peas & Carrots Wheat Bread Apricots	17 Potato & Clam Chowder Italian Green Beans Crackers Wheat Roll Mandarin Oranges
22 Pork Cutlet w/White Sauce Mashed Potatoes Winter Mixed Vegetables Wheat Dinner Roll Peaches	23 Beef Stew French Green Beans Biscuit Orange	24 <b>Birthday Lunch</b> Oven Fried Chicken Garlic Mashed Potatoes Spinach Dinner Roll Birthday Cake
29 Chicken Chow Mein Rice Pilaf Oriental Sugar Snaps Chow Mein Noodles Pears	30 Spaghetti w/Meat Sauce Parmesan Cheese Peas & Mushrooms Wheat Bread Ambrosia	31 Stuffed Shells w/ Spinach Sauce Green Beans Parmesan Cheese Wheat Bread Mandarin Oranges w/Orange Gelatin

Requested Donation Seniors \$4.00 Non-seniors \$5.00

Please remember that we must have all reservations by 10:00AM the day before and Friday at 10:00AM for Monday's meal. We try to keep a waiting list in case someone cancels, but in all fairness to others attending, we must have an accurate count in advance. Also, please be kind and let us know as soon as possible if you must cancel a reservation. Remember, the Center is billed for each meal we order, so it is important to call ahead. Thank you!