

October 2018 Calendar of Events

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 Better Balance 10-11 Lunch 12:00 Bridge 1-4 Sewing Circle 1-3	2 Bone Builders 9:30-10:30 Circuit Works 10:45-11:45 Line Dance 12:00-1:00 Lunch 12:00 Dominoes 1 :00 Tai Chi Practice 1:30-3 Quit Smoking 5-6	3 Yoga 8:30-9:45 Better Balance 10-11 Lunch 12:00 Great Courses Am. Civil War 1:30-3:00 Tai Chi Level 3 1:30-2:30 SUN 73 5:15- 5:45 Yang 24 Tai Chi – 5:45-6:45 Line Dance 7-8	4 Bone Builders 9:30-10:30 Learn to Knit 9:30-11 Tai Chi Practice 10:45-11:30 Great Courses Buddhism 1:00-2:30 Beginner Tai Chi 1:15-2:00 Dance for Health 4-5 Ukulele Club 6:30 -9	5 Coffee Hour 9:00-11:00 Better Balance 10:00-11:00 Mah Jong 9:30-12:00 Game Day 12-2:30 Ballroom Dance 7:30-8:30	6
7	8 Closed For Columbus Day	9 Bone Builders 9:30-10:30 Circuit Works 10:45-11:45 Line Dance 12-1 Lunch 12:00 Dominoes 1 :00 Tai Chi Practice 1:30-3 Creative Writing 3:00-4:00 Quit Smoking 5-6	10 Yoga 8:30-9:45 Better Balance 10-11 Lunch 12:00 Great Courses Am. Civil War 1:30-3:00 Tai Chi Level 3 1:30-2:30 SUN 73 5:15- 5:45 Yang 24 Tai Chi – 5:45-6:45 Line Dance 7-8	11 VNA FLU CLINIC 9:00-10:30 Bone Builders 9:30-10:30 Learn to Knit 9:30-11 Tai Chi Practice 10:45-11:30 Great Courses Buddhism 1:00-2:30 Beg. Tai Chi 1:15-2:00 NO Dance for Health	12 Coffee Hour 9:00-11:00 Better Balance 10:00-11:00 Mah Jong 9:30-12:00 Scrabble 11:00 Cell Phone 1-3:00 Ballroom Dance 7:30-8:30	13
14	15 Better Balance 10-11 Lunch 12:00 Bridge 1-4 Sewing Circle 1-3	16 Bone Builders 9:30-10:30 Circuit Works 10:45-11:45 SASH 11:00 Annual Meeting & Lunch 12:00 Line Dance 12-1 Dominoes 1 :00 Tai Chi Prac. 1:30-3 Creative Writing 3-4 Quit Smoking 5-6	17 Yoga 8:30-9:45 Better Balance 10-11 Lunch 12:00 Great Courses Am. Civil War 1:30-3:00 Tai Chi Level 3 1:30-2:30 SUN 73 5:15- 5:45 Yang 24 Tai Chi – 5:45-6:45 Line Dance 7-8	18 Bone Builders 9:30-10:30 Learn to Knit 9:30-11 Tai Chi Practice 10:45-11:30 Great Courses Buddhism 1:00-2:30 Beg. Tai Chi 1:15-2:00 Ukulele Club 6:30 -9 NO Dance for Health	19 Coffee Hour 9:00-11:00 Better Balance 10:00-11:00 Mah Jong 9:30-12:00 Scrabble 11:00 Genealogy Club 1:00 Ballroom Dance 7:30-8:30	20
21	22 Better Balance 10-11 Knitter's Network 10-11:30 Lunch 12:00 Bridge 1-4 Sewing Circle 1-3 Sip & Paint 1:00-3:00	23 Bone Builders 9:30-10:30 Circuit Works 10:45-11:45 Lunch 12:00 Line Dance 12 -1 Dominoes 1:00 Tai Chi Practice 1:30-3 Creative Writing 3-4 Quit Smoking 5-6	24 Yoga 8:30-9:45 Better Balance 10-11 BIRTHDAY LUNCH 12:00 NO Great Courses Am. Civil War Tai Chi Level 3 1:30-2:30 SUN 73 5:15- 5:45 Yang 24 Tai Chi – 5:45-6:45 Line Dance 7-8	25 Bone Builders 9:30-10:30 Learn to Knit 9:30-11 Tai Chi Practice 10:45-11:30 Great Courses Buddhism 1:00-2:30 Beg. Tai Chi 1:15-2:00 Dance for Health 4-5	26 Coffee Hour 9:00-11:00 Better Balance 10:00-11:00 Mah Jong 9:30-12:00 Scrabble 11:00 POT LUCK 6:00 Ballroom Dance 7:30-8:30	27
28	29 Better Balance 10-11 Lunch 12:00 Bridge 1-4 Sewing Circle 1-3	30 Bone Builders 9:30-10:30 Circuit Works 10:45-11:45 Lunch 12:00 Line Dance 12-1:00 Dominoes 1:00 Tai Chi Prac. 1:30-3 Creative Writing 3-4 Quit Smoking 5-6	31 Yoga 8:30-9:45 Better Balance 10-11 Lunch 12:00 NO Great Courses Tai Chi Level 3 1:30-2:30 SUN 73 5:15- 5:45 Yang 24 Tai Chi – 5:45-6:45 Line Dance 7-8			