


# CCC



# September

		<b>1% MILK SERVED WITH MEALS</b>
<p>3 LABOR DAY HOLIDAY  NO MEALS SERVED</p>	<p>4 Sweet-n-Sour Chicken over Vegetable Rice Pilaf Japanese Vegetables Wheat Bread Pears Slices</p>	<p>5 Cavatappi w/Cheese Broccoli Florets Whole Beets Wheat Bread Peaches &amp; Parfait Yogurt</p>
<p>10 Baked Fish Wedge w/lemon Rice w/Vegetables Broccoli Florets Wheat Bread Peaches &amp; Cream</p>	<p>11 Yankee Pot Roast Baby Carrots w/Dill Mashed Potatoes Wheat Dinner Roll Apple Crisp/Cream</p>	<p>12 Cheddar Broccoli Quiche Green Beans Wheat Bread Watermelon</p>
<p>17 Chicken, Corn &amp; Potato Chowder Crackers Cut Green Beans Pineapple Tidbits</p>	<p>18 Breaded Pork Chop w/ White Sauce Mashed Potatoes Spinach Biscuit Pears</p>	<p>19 Pastichio Casserole (Pasta, beef, onions, and tomatoes in a cheese sauce) Brussel Sprouts Wheat Bread Melon</p>
<p>24 Turkey Tetrazini Scandinavian Vegetables Wheat Dinner Roll Pineapple Tidbits</p>	<p>25 Chicken-n-Biscuit Mashed Cauliflower Peas &amp; Carrots Apple &amp; Blueberry Crisp</p>	<p>26 <b>Birthday Lunch</b> Meatloaf w/ Gravy Mashed Potatoes Broccoli Wheat Dinner Roll Birthday Cake</p>

Seniors \$4.00 Non-seniors \$5.00

Please remember that we must have all reservations by 10:00AM the day before and Friday at 10:00AM for Monday's meal. We try to keep a waiting list in case someone cancels, but in all fairness to others attending, we must have an accurate count in advance. Also, please be kind and let us know as soon as possible if you must cancel a reservation. Remember, the Center is billed for each meal we order, so it is important to call ahead. Thank you!