


# CCC



# August

	<p>1% milk served with all meals.</p>	<p>1 Macaroni &amp; Cheese French Green Beans Baby carrots Wheat Dinner Roll Cantaloupe</p>
<p>6 Sliced Turkey in gravy Home Fries California Blend Vegetables Wheat Roll Pumpkin Pudding w/Cream</p>	<p>7 Roast Beef Au Jus Mashed Potatoes Peas &amp; Mushrooms Oatmeal Bread Pineapple Upside Down Cake w/Cream</p>	<p>8 Baked Stuffed Chicken Breast, Mashed Potatoes, Baby Carrots Wheat Dinner Roll Vanilla Fluff w/crushed pineapple &amp; oranges</p>
<p>13 Baked Penne Pasta w/ Ground Beef &amp; Mozzarella Cheese, Cole Slaw w/Pineapple &amp; Carrots Wheat Bread Cantaloupe</p>	<p>14 Cold Salad Plate Sliced Turkey &amp; Cheddar Cottage Cheese &amp; Peaches Italian Cucumber Slices Wheat Dinner Roll Mandarin Oranges w/Cream</p>	<p>15 Beef Stroganoff w/mushrooms &amp; onions over Seasoned Rotini Noodles Tossed Salad Wheat Bread Watermelon</p>
<p>20 Shepherd's Pie w/corn Mashed Potatoes Diced Carrots Wheat Dinner Roll Oatmeal Raisin Cookie</p>	<p>21 B.B.Q. Chicken Thigh Mashed Sweet Potatoes Baked Beans Wheat Bread Apple Crisp w/topping</p>	<p>22 Cheese Ravioli w/Meat Sauce w/Parmesan Cheese Green Beans Cole Slaw w/Oranges Wheat Bread Melon</p>
<p>27 Italian Chicken Breast w/Parsley Sweet Potatoes California Mixed Vegetables Wheat Roll Large Pumpkin Cookie</p>	<p>28 BBQ Meatloaf Mashed Potatoes Green Beans Wheat Dinner Roll Blueberry Cupcakes</p>	<p>29 <b>Birthday Lunch</b> Panko Pork Cutlet w/ White Sauce Mashed Potatoes Baby Carrots Wheat Dinner Roll Birthday Cake</p>

Seniors \$4.00 Non-seniors \$5.00

Please remember that we must have all reservations by 10:00AM the day before and Friday at 10:00AM for Monday's meal. We try to keep a waiting list in case someone cancels, but in all fairness to others attending, we must have an accurate count in advance. Also, please be kind and let us know as soon as possible if you must cancel a reservation. Remember, the Center is billed for each meal we order, so it is important to call ahead. Thank you!