


# CCC



# July

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| <p>2<br/>Roast Turkey<br/>Monterey Jack Cheese<br/>Cole Slaw w/Carrots &amp;<br/>Pineapple<br/>Potato Salad<br/>Whole Wheat Roll<br/>Cantaloupe</p> | <p>3<br/>Meatballs in Garlic<br/>Parmesan Sauce<br/>Mashed Potatoes<br/>Baby Carrots<br/>Whole Wheat Roll<br/>Blueberry Crisp</p>         | <p>4<br/><b>HOLIDAY<br/>NO MEALS SERVED</b></p>           |
| <p>9<br/>Baked American Goulash<br/>w/Beef<br/>Spinach<br/>Italian Bread<br/>Pineapple Chunks</p>   | <p>10<br/>Sweet &amp; Sour Chicken<br/>Rice Pilaf w/vegetables<br/>Oriental Sugar Snap Blend<br/>Wheat Bread<br/>Grapes</p>               | <p>11<br/>Turkey Salad<br/>Swiss Cheese<br/>Southern Slaw<br/>Spinach Salad,<br/>Wheat Roll<br/>Applesauce</p>                               |
| <p>16<br/>Stuffed Chicken w/Sage<br/>Sauce<br/>Mashed Potatoes<br/>Carrots<br/>Wheat Dinner Roll<br/>Vanilla Pudding w/Cream &amp;<br/>Peaches</p>  | <p>17<br/>Cream of Broccoli &amp;<br/>Cheddar Soup<br/>Crackers<br/>Zucchini &amp; Summer Squash<br/>Wheat Roll<br/>Melon</p>             | <p>18 <b>Birthday Lunch</b><br/>Stuffed Chicken w/Sage<br/>Sauce<br/>Mashed Potatoes<br/>Carrots<br/>Wheat Dinner Roll<br/>Birthday Cake</p> |
| <p>23<br/>Beef Steak w/brown sauce<br/>Mashed Potatoes<br/>Broccoli Florets<br/>Wheat Roll<br/>Pumpkin Cookie</p>                                   | <p>24<br/>Italian Chicken Fingers<br/>w/BBQ Sauce<br/>Peas &amp; Carrots<br/>Mashed Potatoes<br/>Wheat Dinner Roll<br/>Tropical Fruit</p> | <p>25<br/>Sliced Roast Beef<br/>Monterey Jack Cheese<br/>Four Bean Salad<br/>Red Potato Salad w/Dill<br/>Wheat Roll<br/>Melon</p>            |
| <p>30<br/>Broccoli &amp; Cheese Quiche<br/>Green Beans w/Cut Red<br/>Pepper<br/>Wheat Bread<br/>Watermelon &amp; Cantaloupe<br/>Tidbits</p>         | <p>31<br/>Chicken Breast w/Tarragon<br/>Sauce<br/>Spinach<br/>Mashed Cauliflower<br/>Wheat Dinner Roll<br/>Pumpkin Custard</p>            |  |

Seniors \$4.00 Non-seniors \$5.00

Please remember that we must have all reservations by 10:00AM the day before and Friday at 10:00AM for Monday's meal. We try to keep a waiting list in case someone cancels, but in all fairness to others attending, we must have an accurate count in advance. Also, please be kind and let us know as soon as possible if you must cancel a reservation. Remember, the Center is billed for each meal we order, so it is important to call ahead. Thank you!